



FOREST PARK
PREPARATORY SCHOOL

Extra Curricular Activities

Autumn Term

Contents

Page 1	Early Morning Classes
Page 2	Sale Sports' Hockey Club
Page 3	Artful Playground Drama Clubs
Page 4	Sports & All Football Club
Page 5-7	Miss Beale's Cookery Clubs
Page 8	Italian Club
Page 9	Aspire Dance Club
Page 10	Lego Clubs
Page 11	Chinese Club
Page 12	Bitesize Bootcamp
Page 13	Craft Club
Page 14	Chess Club
Page 15	Code Club
Page 16	DLD Yoga Club
Page 17	LAMDA
Page 18	Mad Science
Page 19	FP Morning Multisports Clubs
Page 20	FP After School Multisports Clubs
Page 21	Choir & Music Clubs
Page 22	Music Lessons
Page 23	Important Information (please read)

Early Morning Classes

Classes are available for Year 6 children until October half term, then for Year 5 and 6. They begin promptly at 8.00am and run until 8.40am.

The classes focus on areas and subjects that are assessed as part of the Trafford Grammar School entrance examinations; including both CEM and GL style questions and content. The children will be practicing exam techniques and timings in these sessions too.

Attendance is recommended but is not compulsory.

Day	Subject	Teacher	Room
Monday	VR & English	Mr Tucker	Y5
Tuesday	Maths	Mrs Pawson	Y5
Wednesday	English Comprehension	Mrs Hewitt	Y5
Thursday	SPAG	Mrs Moores	Y5
Friday	NVR	Miss Holt	Y5

For further information please contact your class teacher.

Hockey Club



Tuesday	7.30-8.30am	Year 1-2
Location:	Back playground	
Club Leader/s:	Sports Trafford	
About the club:	Hockey sessions taught by qualified coaches where your child can learn and enjoy the game in a fun and safe environment.	
Kit required:	PE kit	
Pick up location:	N/A	
Maximum no:	30 (minimum of 7 children required)	
No. of lessons:	12	
Cost:	£48.00	
Payment details:	Parents will be invoiced by school at a later date.	
Contact details:	The School Office	
Start date:	Monday 13 September	
End date:	Monday 13 December	
Exclusion dates:	None	

Artful Playground Drama Club



Monday	3.45-4.30pm	Year 1-2
Monday	4.30-5.30pm	Year 3-6
Location:	Music Chalet	
Club Leader/s:	Helena Lloyd Wilson	
About the club:	Our sessions are packed full of drama improvisation, solo and ensemble singing, character role-play, movement and dance and plenty of games all aimed to help build confidence.	
Kit required:	None	
Pick up location:	Front gate	
Maximum no:	20	
No. of lessons:	11	
Cost:	£71.50 for Infants £82.50 for Juniors	
Payment details:	Bank Transfer to H Lloyd-Wilson, Barclays Bank, A/c No. 40999105, Sort Code 20 98 57. No cheques please. Please use child's surname as a reference.	
Contact details:	info@artfulplayground.co.uk	
Start date:	Monday 13 September	
End date:	Monday 13 December	
Exclusion dates:	Monday 1 November (staff absence)	

Sports & All Football Club



Monday	3.45-4.45pm	Year 1-2
Location:	Back playground	
Club Leader/s:	Patrick Moran	
About the club:	An introduction to football with a focus on techniques and skills. Age appropriate matches will be played weekly delivered by FA/UEFA coaches.	
Kit required:	PE kit	
Pick up location:	Front gate	
Maximum no:	20	
No. of lessons:	12	
Cost:	£66.00	
Payment details:	Bank Transfer to Sports and All, Bank, A/c No. 52321142, Sort Code 01 07 71. Please use child's surname as a reference.	
Contact details:	info@sportsandall.co.uk	
Start date:	Monday 13 September	
End date:	Monday 13 December	
Exclusion dates:	N/A	

Miss Beale's Early Years' Cookery Club



Monday	3.30-4.30pm	PP-Reception
Thursday	3.30-4.30pm	PP-Reception
Location:	Classroom	
Club Leader/s:	Miss Beale	
About the club:	Cookery club gives children the opportunity to follow recipes to make and cook various sweet and savoury dishes.	
Kit required:	None	
Pick up location:	Front gate	
Maximum no:	8	
No. of lessons:	Mon – 12 / Thu - 10	
Cost:	Mon - £66.00 / Thu - £55.00	
Payment details:	Parents will be invoiced by school at a later date.	
Contact details:	The School Office	
Start date:	Week commencing 13 September	
End date:	Week commencing 13 December	
Exclusion dates:	Thursday 14 October (Halloween Disco)	

Miss Beale's Infant Cookery Club



Friday	3.45-4.45pm	Year 1-2
Location:	Classroom	
Club Leader/s:	Miss Beale	
About the club:	Cookery club gives children the opportunity to follow recipes to make and cook various sweet and savoury dishes.	
Kit required:	None	
Pick up location:	Front gate	
Maximum no:	8	
No. of lessons:	10	
Cost:	£55.00	
Payment details:	Parents will be invoiced by school at a later date.	
Contact details:	The School Office	
Start date:	Week commencing 13 September	
End date:	Week commencing 6 December	
Exclusion dates:	Friday 10 December (Christmas Fair)	

Miss Beale's Junior Cookery Club



Tuesday	3.45-4.45pm	Year 3-6
Location:	Classroom	
Club Leader/s:	Miss Beale	
About the club:	Cookery club gives children the opportunity to follow recipes to make and cook various sweet and savoury dishes.	
Kit required:	None	
Pick up location:	Front gate	
Maximum no:	8	
No. of lessons:	11	
Cost:	£60.50	
Payment details:	Parents will be invoiced by school at a later date.	
Contact details:	The School Office	
Start date:	Week commencing 13 September	
End date:	Week commencing 13 December	
Exclusion dates:	Tuesday 5 October (Parents' Evening)	

Forest Park Club Italiano



Tuesday 3.30-4.15pm Pre-Prep-Reception

Location: Learning Zone

Club Leader/s: Mrs Kilpatrick

About the club: Our lessons aim to develop and build confidence and enable children to understand and speak conversational Italian.

Kit required: None

Pick up location: Front gate

Maximum no: 15

No. of lessons: 11

Cost: £66.00

Payment details: Parents will be invoiced by school at a later date.

Contact details: The School Office

Start date: Tuesday 14 September

End date: Tuesday 14 December

Exclusion dates: Tuesday 5 October (Parents' Evening)

Aspire Dance Club



Tuesday	3.45-4.45pm	Year 1-2
Location:	Year 2 classroom	
Club Leader/s:	Aspire	
About the club:	Children will enjoy a mix of dance (ballet, stretch and street), and learn the basic principles of each discipline. It is great physical discipline for children of this age group, but more importantly...it's fun!	
Kit required:	PE Kit	
Pick up location:	Front gate	
Maximum no:	15	
No. of lessons:	11	
Cost:	£55.00	
Payment details:	Bank Transfer to Aspire Arts, Sports & Enterprise Ltd. Bank, A/c No. 80487961, Sort Code 20 55 41 Please use child's surname as a reference.	
Contact details:	info@theashcompany.co.uk	
Start date:	Tuesday 14 September	
End date:	Tuesday 14 December	
Exclusion dates:	Tuesday 5 October (Parents' Evening)	

Lego Club



Tuesday	3.45-4.30pm	Year 1-2
Thursday	3.45-4.30pm	Year 3-6

Location: Music chalet

Club Leader/s: Mrs Bishop

About the club: A fun, interactive way for children to hone their fine motor skills. Lego encourages children to be creative, problem solve and to practise teamwork.

Kit required: None

Pick up location: Front gate

Maximum no: 8

No. of lessons: 11 – Infants
11 – Juniors

Cost: £55.00 – Infants
£55.00 - Juniors

Payment details: Parents will be invoiced by school at a later date.

Contact details: The School Office

Start date: Week commencing 13 September

End date: Week commencing 13 December

Exclusion dates: Tuesday 5 October (Parents' Evening)

Chinese Club

中文

Wednesday	3.30-4.30pm	Pre-Prep-Reception
Location:	Pre-Prep Classroom	
Club Leader/s:	Ms Wu	
About the club:	Aimed at beginners who would like to spend time not only learning the basics of the language but also the cultural aspects of this fascinating country. You will be encouraged to speak and write in Mandarin as soon as possible.	
Kit required:	None	
Pick up location:	Front gate	
Maximum no:	8	
No. of lessons:	10	
Cost:	£80.00	
Payment details:	Please arrange payment to Liuying Wu, A/c no. 31631926 Sort Code 40-11-13. Please use child's surname as a reference.	
Contact details:	The School Office	
Start date:	Wednesday 15 September	
End date:	Wednesday 8 December	
Exclusion dates:	Wednesday 6 October (Parents' Evening)	

Bitesize Bootcamp



Wednesday	3.45-4.45pm	Year 1-3
Location:	Back playground	
Club Leader/s:	Ruth McShane	
About the club:	Bitesize Bootcamp provide a tailored, fun and exciting exercise programme for children, designed to develop their physical, emotional and social well being.	
Kit required:	PE kit	
Pick up location:	Front gate	
Maximum no:	25	
No. of lessons:	10	
Cost:	£55.00	
Payment details:	Online bookings at www.bitesize-bootcamp.com/school-sessions .	
Contact details:	ruth@bitesize-bootcamp.com www.bitesize-bootcamp.com	
Start date:	Wednesday 15 September	
End date:	Wednesday 8 December	
Exclusion dates:	Wednesday 6 October (Parents' Evening)	

Craft Club



Wednesday	3.45-4.45pm	Year 1-2
Location:	Year 2	
Club Leader/s:	Miss Robinson	
About the club:	Children will create various crafts using different media across the term. Crafting allows children to express themselves through creativity, build confidence and develop problem solving skills.	
Kit required:	None	
Pick up location:	Front gate	
Maximum no:	10	
No. of lessons:	10	
Cost:	£40.00	
Payment details:	Parents will be invoiced by school at a later date.	
Contact details:	The School Office	
Start date:	Wednesday 15 September	
End date:	Wednesday 8 December	
Exclusion dates:	Wednesday 6 October (Parents' Evening)	

Chess



Thursday	12.30-1.15pm	Year 2-6
Location:	Year 3	
Club Leader/s:	Tutors from Sarah Hegarty Chess Coaching	
About the club:	Chess is extremely beneficial for children as it improves concentration and logical thinking. It also teaches us to think ahead, to understand that our actions have consequences and to take responsibility for those actions.	
Kit required:	None	
Pick up location:	N/A	
Maximum no:	24	
No. of lessons:	11	
Cost:	£110.00	
Payment details:	Account Number 28337123 Sort Code 60-24-77 with 'FPP' and your child's initials as reference.	
Contact details:	sarahhegartychess@outlook.com	
Start date:	Thursday 16 September	
End date:	Thursday 9 December	
Exclusion dates:	N/A	

Code Club



Thursday	3.45-4.45pm	Year 3-6
Location:	Year 5 classroom	
Club Leader/s:	Mrs Carrasco	
About the club:	Fun step-by-step activities so children can create games, animations and websites and learn the key concepts of coding at the same time. Learning to code can change the way children analyse and solve problems, and encourages creative thinking and collaboration.	
Kit required:	None	
Pick up location:	Front gate	
Maximum no:	20	
No. of lessons:	10	
Cost:	£35.00	
Payment details:	Parents will be invoiced by school at a later date.	
Contact details:	The School Office	
Start Date:	Thursday 16 September	
End Date:	Thursday 9 December	
Exclusion Dates:	Thursday 14 October (Halloween Disco)	

DLD Yoga Club



Friday	8.00-8.45am	Pre-Prep-Reception
Location:	Reception classroom	
Club Leader/s:	Diane Deaville	
About the club:	Children will enjoy themed classes including worksheets and activities and learn about postures, well-being and mindfulness, through imagery and stories.	
Kit required:	PE kit	
Pick up location:	N/A	
Maximum no:	8	
No. of lessons:	11	
Cost:	£55.00	
Payment details:	Please arrange payment to Diane Lesley Deaville, Natwest Bank, A/c No. 94489351, Sort Code 01-07-71. Please use child's surname as a reference.	
Contact details:	info@DL Dyoga.co.uk	
Start Date:	Friday 17 September	
End Date:	Friday 10 December	
Exclusion Dates:	N/A	

LAMDA



Thursday	During the school day	Year 1-6
Location:	Music Chalet	
Club Leader/s:	Ms Flint	
About the club:	Children join LAMDA in September and work toward the examination at the end of the school year. The class helps children to unlock their imagination and creative-thinking, develop communication skills and build self-confidence and self-esteem. Please note places are offered to existing LAMDA pupils first.	
Kit required:	None	

Mrs Flint will be continue to provide classes for her existing pupils next half term.

If you wish to enquire about LAMDA classes for your child or wish to cancel your existing place please contact Mrs Flint at stagecraftacademyuk@hotmail.com

Start Date:	Thursday 16 September	
End Date:	Thursday 2 December	
Exclusion Dates:	Thursday 9 December (staff absence)	

Mad Science



Friday	3.45-4.45pm	Year 3-6
Location:	Year 2	
Club Leader/s:	Mad Science North West	
About the club:	The children will enjoy hands-on learning through cool demonstrations themed around a different weekly topic. Children are also taught the basic principles of scientific method: theories, predictions, fair tests, observations and conclusions. Just like real scientists! Assembly delivered on 8 September and booking forms sent home.	
Kit required:	None	
Pick up location:	Front gate	
Maximum no:	20 (minimum of 7 children required)	
No. of lessons:	5	
Cost:	£TBC	
Payment details:	TBC	
Contact details:	office@madsciencenw.com	
Start date:	Friday 5 November	
End date:	Friday 3 December	
Exclusion dates:	Friday 10 December (Christmas Fair)	

Forest Park Breakfast Multisports Clubs



Thursday (Football)	8.00-8.45am	Year 3-6
Friday (Rugby & Dodgeball)	8.00-8.45am	Year 3-6

Location: Back playground

Club Leader/s: Sports & All & Bitesize Bootcamp

About the club: Children will develop a variety of football, rugby & dodgeball skills.

Kit required: PE kit

Pick up location: N/A

Maximum no: 20

No. of lessons: 12

Cost: £54.00

Payment details: Parents will be invoiced by school at a later date.

Contact details: The School Office

Start Date: Week commencing 6 September

End Date: Week commencing 6 December

Exclusion dates: N/A

Forest Park After School Multisports Clubs



Thursday 3.45-4.45pm Year 3-6
Friday 3.45-4.45pm PP-Reception

Location: Back playground

Club Leader/s: Sports & All & Bitesize Bootcamp

About the club: Children will develop their agility, balance, coordination, speed, running, throwing, hitting, catching and kicking skills through a range of sports.

Kit required: PE kit

Pick up location: Front gate

Maximum no: 20

No. of lessons: 11

Cost: £55.00

Payment details: Parents will be invoiced by school at a later date.

Contact details: The School Office

Start Date: Week commencing 6 September

End Date: Week commencing 6 December

Exclusion dates: Thursday 14 October (Halloween Disco)
Friday 10 December (Christmas Fair)

Choir & Music Clubs



Mrs Wainwright will run the following clubs:

Junior Choir for Year 3-6 during Wednesday breaktime will develop children's singing skills as they will learn a variety of songs in different styles. During the spring term, they will be preparing for a performance at the Altrincham Music Festival in March. This club has a maximum number of 40 children.

Junior Music Club for Year 3-6 will run on Wednesdays from 3.45-4.45pm. Children can bring their own instruments if they are learning one. This club has a maximum number of 12 children.

Infant Choir for Year 1-2 during Thursday breaktime is for children who enjoy singing in a group. They will be preparing for a performance at Altrincham Music Festival in March. This club has a maximum number of 40 children.

Infant Music Club for Year 1-2 will run on Thursday lunchtimes from 12.15-12.45pm. Children can bring their own instruments if they are learning one. This club has a maximum number of 12 children.

Musical Instrument Lessons



In addition to the class music lessons provided within the school curriculum, we have a team of specialist music teachers who give instrument lessons.

Piano	Mrs Gee
Guitar	Mr Bowie
Drums	Mr Fallon
Brass	Mr Hutchinson
Ukulele/Violin/Flute	Trafford Music Services

Please note there is an additional charge for these lessons.

Trafford Music Services also visit on a weekly basis and offer lessons which are 20 or 30 minutes long. These lessons can be one-to-one or small group tuition, paid directly to the music teacher, or to Trafford Music Service. If you would like your child to begin learning an instrument, please contact the school office or Trafford Music Services directly on 0161 911 8659

Important Information

- To apply for a place, please complete the online booking form indicating which clubs you wish your child to join.
- Places will be allocated on a 'first come, first served' basis and confirmed by email before the start date.
- Please be aware that if you are unable to collect your child at the finishing time of their activity, they will be taken to Little Stars Club and you may be charged.
- Please only arrange payment for clubs if required once you have received a confirmation email from the school office. No cash/cheque payments please.
- Please take note of any exclusion dates quoted in this booklet. If you wish to book Little Stars please contact the school office.
- Unfortunately, it is not possible to give a refund in the event of any dates clashing with school events, it is therefore the decision of parents as to whether the school event or club takes precedence.
- In addition, please note we are unable to refund club charges once you have been allocated a place, due to a change of preference.

Contact Numbers:

The School Office 0161 973 4835
Monday to Friday
8.30am - 4.00pm

Wraparound Team 07922 521084
Monday to Friday
7.30 - 8.30am and 3.30 - 6.00pm



FOREST PARK
PREPARATORY SCHOOL

www.forestparkprep.co.uk

School Office: 0161 973 4835 | Mrs Ronan: post@forestparkprep.co.uk | Mrs Bishop: office@forestparkprep.co.uk